

Basic 4-ply Socks

Materials: 2.25mm dpn's; 100 grs 4-ply (fingering) sock yarn; markers and the regular notions

Abbreviations: **WS** – wrong side; **SSK** – slip the next 2 stitches knitwise (one at a time), then insert the left needle across the front of your 2 slipped stitches and knit them together; **slip** – slip stitches purlwise without knitting them

Pattern:

Ribbing – Working with 2.25mm dpn's cast-on 64 stitches. Work K2, P2 ribbing for approx 2.5inches

Leg – Work next 4 to 6 inches in stockinette. If you are knitting a longer foot keep the top shorter.

Heel Flap – Work heel flap over ½ of the leg sts – set up as follows;
K16, slip next 32 sts onto 2 dpn's (16 each) for the top of the foot, slip the last 16 sts onto the first needle with 16 sts. The needle with 32 sts is the heel flap needle.

Heel Flap – with WS facing –

Row 1 – s1, P 31

Row 1 – *s1, K1; repeat from 8 to the end of the row

Repeat rows 1 and 2, 16 times for a total of 32 rows (approx. 2 to 2.5 inches).

Heel Cap – work following rows – work as written – it will work – yes there will be stitches left over at each end until the cap is finished.

Set-up - Slip 1, P 18, P 2 together, P1, turn

Slip 1, K 7, SSK, K1, turn

Slip 1, P 8, P 2 tog, P1, turn

Slip 1, K 9, SSK, K 1, turn

Slip 1, P 10, P 2 tog, P 1, turn

Slip 1, K 11, SSK, K 1, turn

Slip 1, P 12, P 2 tog, P 1, turn

Slip 1, K 13, SSK, K 1, turn

Slip 1, P 14, P 2 tog, P 1, turn

Slip 1, K 15, SSK, K 1, turn

Slip 1, P 16, P 2tog, P 1, turn

Slip 1, K 17, SSK, K 1 - 20 sts.

Gusset – connects sock back into a round and shapes socks back to original stitch count.

Pick-up and knit 16 sts (pick-up and knit into the chain created by the slipped stitches) along right side of heel flap, needle 1; knit across the next 32 sts (currently held on two separate needles), needle 2; pick-up and knit 16 stitches along the left side of the heel flap, needle 3.

Knit the first 10 sts of heel cap onto needle 3 – 26 sts. Slip the next 10 sts of heel cap onto the end of needle 1 – 26 sts.

Needles 1, 2, and 3 are holding 26, 32, 26 sts – 84 sts. Gusset shaping will reduce the stitch count back to 64 sts.

Round 1 and all odd numbered rounds – Knit.

Round 2 – knit until last 2 sts of needle 1, SSK, K32 (needle 2), K2tog, knit to end of round (needle 3) – 2 sts reduced.

Repeat rounds 1 and 2 until there are 64 sts on the needles.

Knit in stockinette until the sock is the desired length, less approx. 2 inches (the toe shaping takes approx. 2 inches).

Toe Shaping – reduces sock to grafting point.

Round 1 – needle 1, knit to last 3 sts, SSK, K1; needle 2, K1, K2tog, knit to last 3 sts, SSK, K1; needle 3, K1, K2tog, knit to end of round.

Round 2 – knit.

Repeat rounds 1 and 2 until there are 24 sts remaining 6, 12, 6 sts on needles 1, 2 and 3. Knit the 6 sts from needle 1 onto needle 3. Two needles are left with 12 sts on each needle – graft those sts together.

Grafting or Kitchener Stitch for Sock Toes

Start with working yarn attached to the stitches on the back needle when the two needles are held together.

Kitchener Stitch – Set-up:

Insert tapestry needle into the first stitch on the front needle as if to purl and pull yarn through without removing stitch from needle – Insert tapestry needle into the first stitch on the back needle as if to knit and pull yarn through without removing the stitch from the needle.

Working Kitchener Stitch: Bring the tapestry needle through the front stitch as if to knit, and slip this stitch off the needle. Bring the tapestry needle through the next front stitch as if to purl leaving it on the needle. Slip the back stitch off the needle as if to purl, and then bring the tapestry needle through the next back stitch as if to knit, leaving it on the needle.